

## **SIMAVI Project Brief**

Safe motherhood and WASH project Kapilvastu was implemented in selected wards 2, 6, 7 and 8 of Shivaraj Municipality, Kapilvastu with support of Simavi, and the Netherland since 1 January 2019 to 15 July 2022. Two local non-governmental organizations- Society for Local Integrated Development (SOLID) Nepal and Kapilvastu Integrated Development Services (KIDS) are implementing the project. SOLID Nepal is leading on maternal health whereas KIDS is leading on WASH and supporting to each other as a consortium in coordination with Shivaraj municipality.

The overall objectives of the project was to support women to practice healthy and hygienic behaviour during their pregnancy, delivery and after birth, by making use of sustainable and improved WASH and maternal health care services, based on their own free and informed choices. The beneficiaries of this project are the pregnant and lactating mothers of disadvantaged group i.e. Dalit, Muslims, Madhesi and Tharu as well as all women residing within wards 2, 6, 7 and 8 of Shivraj municipality. The project has adopted the principle of **leaving no one behind**. There are 43 mothers group from local community which was reformed on the basis of their participation in meeting with the support and mobilization of 39 FCHVs and social mobilizers.

### **Implementation strategy**

- **Knowledge enhancement and sensitization at HH level:** enhancing the target populations knowledge on Sexual Reproductive Health and Rights (SRHR), WASH and Maternal Health through information sharing and sensitizing sessions during women's groups meetings and home visits to influence them to undergo healthy practices.
- **Creating an enabling environment:** involving communities, men and decision makers in project activities in order to ensure women are supported to practice their agency and are encouraged to partake in decision making processes.
- **Access to sustainable services:** through strengthening local health care systems; undergoing local-level advocacy for sustainable and hygienic maternal health care facilities; and ensuring access to savings loans for local women.
- **Inclusive programming and services:** Inclusion is a cross-cutting theme across all aspects of the project, by co-designing, implementing and monitoring project activities with the target beneficiaries, specifically the socially excluded, the project aims to leave nobody behind.

## **Project outcomes**

The project envisioned six outcomes by the end of the implementation as follows:

1. Sustainable WASH and maternal care services are in place.
2. Families and communities are supportive of women practicing healthy and hygienic behavior
3. Women (especially disadvantaged women) practice healthy and hygienic behaviour during and after pregnancy and delivery, based on their free and informed choices
4. Women make use of sustainable WASH services
5. Women make use of maternal health care services
6. Women are the primary decision maker in relation to their own and their baby's health and wellbeing.

## **Photograph**



Members of Mother's Group during Regular Meeting Session



Participants of Husband and Mother-in-law group meeting



Home visit and Community Mobilization



Participants enjoy to see Cartoons in Local Language developed by the Project Team.



Interaction between Netherlands people and Nepali People at Project site during Project Visit 1 March 2020.